

Angelic Healing for Horses



ABOUT ME

My name is Trudi van Huyssteen and I am an Intuitive Energy Healer and Animal Communicator.

Together with the Archangels, I do energy healing for these beautiful beings, helping them to become who they are truly meant to be.

I was inspired to write this book, so that people can learn more about their horses, understand why the horse is such a sensitive animal, and learn about their beautiful mission here on earth - to help us as humans to heal.

Horses are beautiful healers, helping us to connect to our own inner feelings, by mirroring what is inside of us, and then if we are willing, we can address these issues in ourselves and move forward. Horses also radiate divine feminine energy and this is the energy that is so needed on earth right now, to bring us as humanity into full balance again, to learn how to open our hearts to ourselves and to each other, and to feel safe and connected in love and oneness.

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MESSAGE FROM THE HORSE KINGDOM

(From the book by Diana Cooper: Archangels Guide to Animals)

Our hearts are huge and radiant
so we spread love to all around us.

In this way, we heal all people,
other animals and the Earth.

You can do this too. Just open your heart
and let it blaze forth love.

HORSES ARE SPIRITUAL BEINGS AND HEALERS TO HUMANS

Have you ever thought or felt that there is more to your horse or to horses than meets the eye? Or have you felt an energy coming from them that you couldn't quite figure out?

The horse's Divine Blueprint is a being of pure light, and the soul mission of these dignified creatures is service to humanity, and in return our contract is to honour and care for them.

Horses are beautiful, sentient beings here on Earth to be healers and teachers for us, showering us with their unconditional love, helping us to open our hearts and fully connect to ourselves (the dark and the light within us).

They have huge hearts, and they demonstrate qualities of dignity, honour, love, empathy, freedom and joy. They also radiate divine feminine energy and are attuned to Angel Mary.

Horses touch our hearts in a very special way, mirroring to us that what we do not want to look at within ourselves, and showing us our blocks. This is the divine feminine energy that we need, to soften our hearts from our pain and past hurts, and to let it go, and then feel connected to ourselves and to each other again. Their heart chakras are huge and this is the place where most humans store their pain.

As healers, horses have a great affinity with children, especially those in physical or emotional need. They can help to soothe and calm them, helping them to come fully into their bodies, especially for very sensitive or high-frequency children who disconnect themselves energetically from Earth and become ungrounded because life is uncomfortable or the energies around them are too low but who really need to fully experience Earth. Angel Mary also works with children through horses.

HORSES AND ARCHANGELS

Horses have a whole team of Archangels overseeing them, helping them to fulfil their potential. Archangel Gabriel helps all beings to express joy and freedom, and the horse is such a beautiful example of just that.

The other Archangels that are here to oversee and help the horses are Archangel Ariel, Archangel Sandalphon, Archangel Raphael, Archangel Uriel, Lady Nada, Epona, as well as Archangel Feelyai.

Horses also have their own guides, and since they are a big part of the animal kingdom, they also have fairies and other elementals protecting them and helping them. They provide the horses much needed love and support on their journey here on earth.

Being sentient beings, horses are very much connected to the spirit world, and when they are in an environment they are not happy in, they will often disconnect from their physical bodies and travel to a place where the energies are calmer.

ENERGY HEALING FOR HORSES

Horses are very sensitive and also experience emotions, stress and trauma just like we do. By clearing them from these blocks or negative energies that get trapped in the body, this helps the horse to heal on all levels of it's being.

If a horse has a physical injury, it can accelerate the healing process by clearing the physical trauma, as well as all the emotions that he encountered during the injury, for example: shock, worthlessness, humiliation etc.

Horses also experience emotional trauma, where they could have been exposed to any kind of abuse, and they can also feel the same range of emotions as humans.

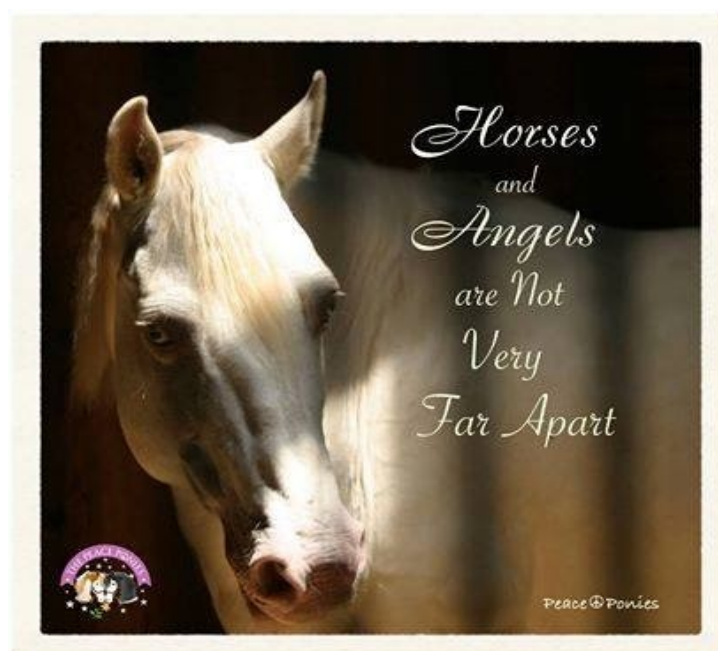
This might be seen where a horse does not want to connect to his owner, or does not want to be redirected or trained.

If a horse is suffering from depression or anxiety, for any reason, then by clearing the trauma with the negative emotions that caused him to feel this way in the first place, it will help the horse to become emotionally happy and healthy again.

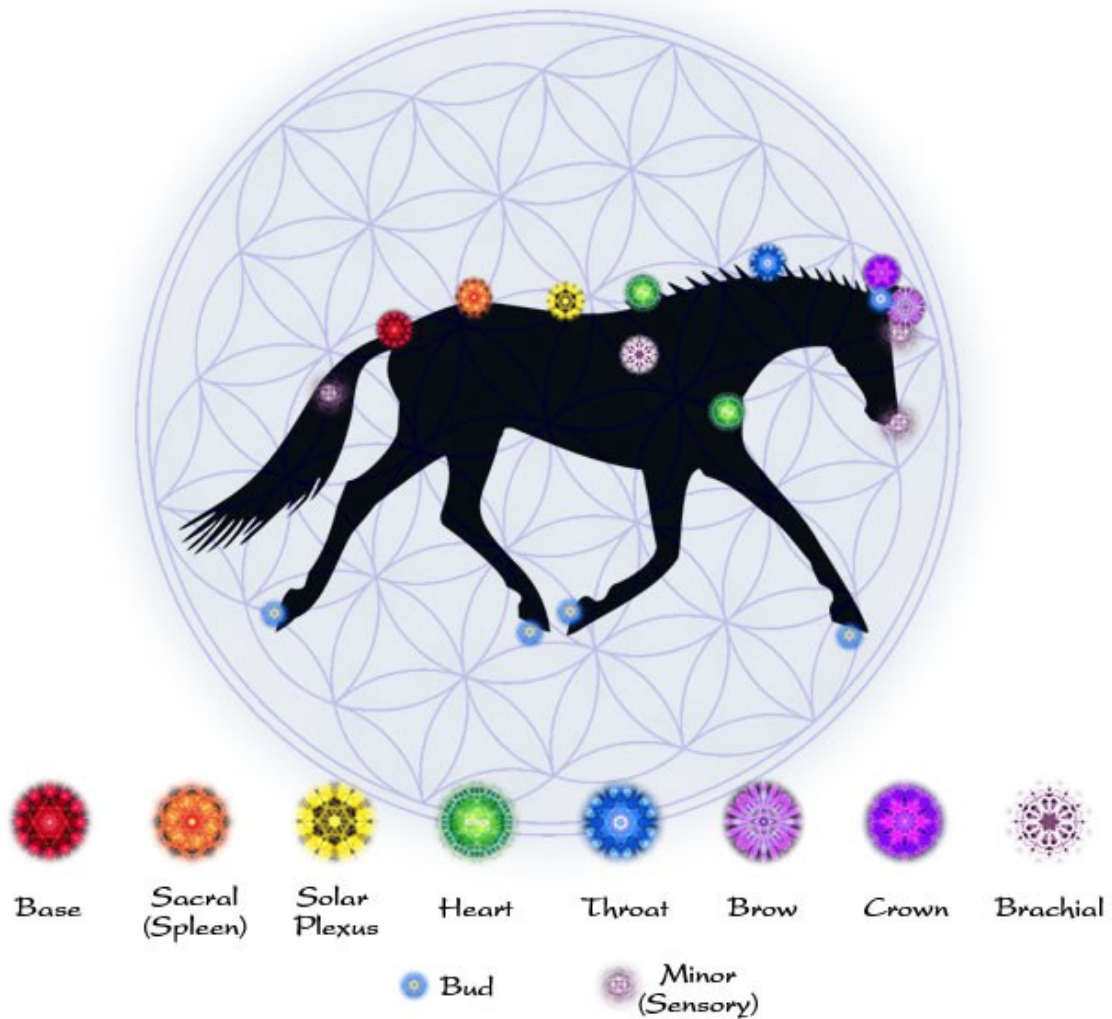
If the negative emotion of depression is trapped for instance in his gallbladder, it can cause his gallbladder to have a lower vibration and ultimately can lead to the gallbladder not functioning at its best.

I did a healing session for a horse, and before the session I sensed a very sad, closed off, depressed feeling from him, and he did not want to express his own personality. He was abused by a previous owner and trainer (the current owner had no idea), but it came to light as I cleared his chakras and organs. He had no confidence at all.

After the healing session was over, I felt a beautiful white light around the horse, and he stood proud and strong in his own magnificence. He became the true majestic being that he was meant to be, and now he is being used as a therapy horse for children.



Horse Chakras



HORSE CHAKRAS

Horses have a chakra system, or energy centres, almost the same as a human.

Their chakras become imbalanced for a number of reasons: stress, traumatic experiences, negative energies in their dwelling place or previous abuse.

This in turn also affects their physical, mental, emotional and spiritual health.

In addition to us, they also have two extra chakras, the chakras on the soles of their feet called Bud chakras, and the Brachial chakra.

The Bud chakras pick up on subtle vibrations in the earth, as well as to help them sense when any danger is present.

The Brachial chakra is located between the shoulders, just below where the mane ends. This chakra, when fully balanced, helps them to have a very healthy and open connection to humans, and this is the first chakra that gets healed during a healing session.

When you see that a horse does not want to connect with you, or make eye contact, most likely the Brachial Chakra is imbalanced, and the cause may be from a past traumatic experience.

CHAKRAS AND HOW THEY AFFECT THE HORSE

BRACHIAL CHAKRA (Horse connection to humans)

Balanced: Ability to fully connect to humans

Imbalanced: Reluctance to be touched, arthritis, inflamed skin

The Brachial Chakra is the first chakra that needs to be balanced. This chakra establishes the animal-human connection and it is situated between the neck and shoulder blades.

When a horse's Brachial Chakra is not 100% balanced, you will find it difficult to establish a connection with him. He will not make eye contact or have reluctance/refusal to connect in any way.

This could get imbalanced due to physical or emotional trauma that the horse has experienced before. The horse will also be reluctant to be touched or handled by a human.

Other signs of brachial chakra imbalance could be skin disorders or arthritis.

By balancing this chakra, it opens up the communication channel between horse and human, as well as to other horses, where a healthy connection can be established.

CROWN CHAKRA (Horses as healers)

Balanced: Connected to Spirit, a sense of calm and a feeling of overall happiness.

Imbalanced: Depression, withdrawn, disoriented, panic attacks, stress, separation anxiety

The Crown Chakra is very important for the horse's connection with Spirit or Divine Source.

A balanced crown chakra is very beneficial to the horse's spiritual health, especially since the horse is a very spiritual, sensitive being, and it needs that connection to Source to feel balanced and whole.

Horses are healers and when they are fully connected to Source, they are fully able to bring healing energies through to the person getting the healing.

If this is blocked, the horse will feel disoriented, anxious, stressed and can also suffer from depression and panic attacks. The horse can also have eye sight issues if this chakra is imbalanced.

THIRD EYE CHAKRA (Horse connection to themselves)

Balanced: Fully in the moment, self-accepting and focused. Great vision, healthy teeth and skin

Imbalanced: Distracted, Headaches, bad eyes, hair loss, skin allergies

The Third Eye Chakra of the horse governs the area of self acceptance.

A blocked third eye chakra will cause the horse to not have focus, and be distracted, distant or hyperactive.

It could also lead to headaches, bad eye sight, hair loss and skin allergies. This chakra also governs the teeth of the horse.

THROAT CHAKRA (How the horse expresses himself)

Balanced: Ability to listen to commands, fully self-expressive, healthy metabolism

Imbalanced: not listening to commands, depression, thyroid issues, metabolism issues, cribbing

The throat chakra is all about self expression and how the horse expresses himself to other horses as well as humans.

When this centre is blocked, the horse could have problems with listening to commands, depression and cribbing, as well as slow metabolism (which can be caused by low thyroid function).

If a horse has been humiliated or belittled, it can block his throat chakra and allow him to have a very low self-esteem, he will also feel uninspired to listen to commands and suffer from depression, at his lack of being able to feel himself and be fully confident.

HEART CHAKRA (Centre of unconditional love)

Balanced: Healthy human bonding, healthy lungs and heart, able to bond with other horses

Imbalanced: Sadness, grief, possessiveness, isolation, blood disorders, stress related asthma, jealousy

The heart chakra of the horse is a very big and sensitive chakra, and it's the centre of connection and bonding with humans as well as other horses.

Horses heal humans and other animals with their huge heart chakras, pouring out a constant stream of unconditional love, where this in turn opens up our hearts to ourselves and to others.

They are beautiful healers, helping us to connect to our own inner feelings, by mirroring what is inside of us, and then if we are willing, we can address these issues in ourselves and move forward.

Physically, a blocked heart chakra could be a sign of blood disorders and stress-related asthma. Emotionally, a blocked heart chakra could show signs of grief, loss, sadness, jealousy, isolation and loss of interest in bonding with humans or other horses. It will also affect his herding abilities, making him feel closed off from the world.

SOLAR PLEXUS CHAKRA (Place of power)

Balanced: Healthy self esteem, enthusiastic, healthy metabolism and nervous system

Imbalanced: Hypersensitive, self esteem issues, withdrawn, aggressive, unenthusiastic, digestive issues, impaired communication with humans, metabolism issues

The solar plexus chakra governs the seat of the horse's personal power and where he feels the most vulnerable emotionally and physically.

If this chakra is imbalanced, issues with the digestive system can appear, for example ulcers, as well as metabolism can slow down and the sympathetic nervous system could become imbalanced.

Emotionally, the horse could have trouble connecting to and communicating with humans, show signs of aggression, have low self-esteem issues and also become withdrawn and dejected, or on the other side of the scale, domineering and overbearing, instead of gentle and calm.

SACRAL CHAKRA (Place of creation)

Balanced: Confident, high energy, no breeding or gelding issues, healthy sex organs

Imbalanced: Nervousness, low confidence, low energy, control and boundary issues, breeding and gelding issues, hormone imbalance

The Sacral Chakra is located over the hind legs of the horse. This centre also includes the reproductive organs and colon.

If imbalanced, there could be physical issues regarding gut health, ulcers, hormonal imbalances and low energy.

Emotionally, the horse experiences nervousness, boundary issues, box walking, low energy, rage or aggression.

ROOT CHAKRA (Groundedness)

Balanced: Grounded, able to trust, feeling safe, having a healthy weight, healthy bones and immune system

Imbalanced: Restless, not able to trust, arthritis, immune disorders, bones and lower back issues

The root chakra is based at the back end of the body, from the rump down to the tail.

When fully balanced, the horse feels grounded, safe and relaxed. This is also the centre for fight or flight, so when a horse is spooked easily, he might have some past issues regarding safety or security. This is also the centre of stamina and physical energy, and when imbalanced, could show signs of fatigue or lameness.

Physically, the imbalanced root chakra could show signs of arthritis, back issues, bone issues and immune disorders, greed, restlessness and fatigue.

EXTRA SENSORY CHAKRAS

These chakras are located on the tail, the nose and around the eyes. The horse uses these extra sensory chakras to sense any movement behind them, or in front of them, and it is especially sensitive to spirits or another person's energy field or aura.

When imbalanced, these chakras are closed off and can impair the horse's sense of danger or feeling safe.

BUD CHAKRAS (Horse connection to Earth)

Horses can sense the subtle vibrations in the earth through extremely sensitive energy centres underneath their feet, called Bud Chakras, and when these chakras are blocked, they feel disconnected and ungrounded.

It can lead to anxiety, fearfulness, depression and low energy. These energy fields are a big part of their survival instincts and help them to sense when danger is present and also where there are safe areas to roll or sleep.

This also brings up the issue of horses wearing shoes or going barefoot, and if it affects these chakras in any way. When a horse wears shoes, it affects their bud chakras up to 60% where they will not feel the vibrations as clearly as before, and can increase their anxiety by 6%.

BENEFITS OF A HORSE WITH BALANCED CHAKRAS

When a horse is fully balanced and healthy on all levels, this will bring out the horse's true personality and allow him to express himself to his fullest potential, to serve as the healer that he was meant to be. A healer to you as the owner, as well as to others in the specific role that he chooses.

For example, your horse could be healing autistic children, helping them to be grounded, feel safe and express themselves. Angel Mary will be working through the horse with these children. Or he could be a healer for people who have suffered through a lot of trauma, to help them to let go of fear and pain, and to become fully present in their own heart centres again.

Horses radiate divine feminine energy and this is the energy that is so needed on earth right now, to bring us as humanity into full balance again, to learn how to open our hearts to ourselves and to each other, and to feel safe and connected in love and oneness.

I have also witnessed a beautiful crossing over of a horse when I was asked to assist with a case where the horse had to be rescued from a fall on a mountain, but sadly he did not make it. He ascended into pure light, and I saw him as a beautiful white unicorn. He then afterwards sent a sparkling rainbow healing energy to the person who was part of the rescue effort, as well as to the owner, giving them both healing energy.

Horses are truly like Angels amongst us!

SPACE CLEARING



Horses, being such sensitive beings, can see, sense, or feel low vibrations or energies in their surroundings.

There are three chakras for this purpose:

They have the 4 bud chakras on the soles of their feet, to sense vibrations from the earth, helping them find safe places to roll or sleep.

The 3 extra sensory chakras also assist with this. The first one is located on the tail to help them sense if someone is behind them. The second one is located on the nose and the third one between the eyes, to help them sense any energies in front of them, especially in a dark place.

If they do pick up on these energies, they will communicate this by not going to a certain place or area, as they will be uncomfortable or hesitant.

In a low frequency environment, the horse will feel unsafe, and will constantly want to disconnect energetically from his body and become ungrounded and spaced out, as an escape mechanism, because he feels the energies around him are too low.

A high vibrational environment benefits the horse hundred-fold so that he will feel comfortable and safe in his environment, also ensuring his well being.

I have been to a few equestrian centres, and one in particular had an owner who had a bad spirit attached to her. There was quite a negative vibe around the place, and I could feel the horses disconnected, restless and unhappy. I also found that each horse had a very high anxiety level.

After clearing the bad spirit and heightening the vibration of the property to the highest level, and then doing some clearing on the horses, they all started moving around more freely, some

started running around, and it was amazing to see how the life came back to them all and to the property!

This doesn't mean that each place has low vibrations, but for instance if a horse has had an event in his stall, like an injury for example, the energy of the event stays there. The horse will feel uncomfortable or anxious whenever he is back there again, as he will remember what happened.

I have also found that barn workers, those who clean the stalls, and feed the horses, can also affect the horse's behaviour with their energy.

I was helping a group of horses for a client at a barn once, and I found that one horse felt uncomfortable around a certain worker, and this worker had a bad spirit attached to him. The horse also was belittled and humiliated often by this worker.

Archangel Sandalphon and Archangel Ariel help horses to feel safe in their environment, and you can call on them to clear the land and the spaces that the horses dwell in.

When horses are in a happy environment, everyone will benefit and it will be a magical space where the owner, the rider, and everyone around the horse will experience many miracles together.

A HEALING MEDITATION
FOR A DEEPER CONNECTION BETWEEN
YOU AND YOUR HORSE

MEDITATION with ARCHANGEL GABRIEL

(From the book by Diana Cooper: Archangels Guide to Animals)

Find a place where you can be quiet and relaxed.

Draw Archangel Gabriel's diamond of purity and protection over you and breathe comfortably.

Imagine yourself sitting by a long sandy beach on a warm spring day. The waves are rolling into shore and you feel very comfortable.

See your horse trot along the beach towards you. It is radiating calm, love and peace.

Feel how your heart swells with joy and love for your horse.

It pauses telepathically beside you and invites you to ride it. Archangel Gabriel is close to you so you now you will be safe. You stroke your horse's nose.

Archangel Gabriel lifts you onto the horse and sits behind you, holding you. Take a moment to bond with your horse.

Then you are galloping along the beach on your horse, your hair blowing in the breeze. The shallow sea is splashing under the horse's hooves.

Held in a pure white cocoon of love and trust you experience the exhilaration, the joy and freedom, the delight and wonder of being one with this animal. Enjoy this for as long as you like.

While you are riding you are receiving a download of divine feminine energy.

When the horse stops, give gratitude and love for it.

Allow Archangel Gabriel to lift you down.

And now serve the horse by brushing it down, combing its mane and tail, walking it gentle to a special pasture and giving it a carrot. Talk to it gently as you do so, reminding it what a magnificent animal it is.

Then open your eyes feeling invigorated and full of love.

JOURNAL EXERCISE

Journal what you saw and felt during the experience. Also write down any blocks that you felt within yourself as you did this meditation and if there are any insights around what your horse wants to teach you.

SUCCESS STORIES

Eye Injury and abuse from past owners

My beautiful horse recently sustained a severe eye injury. In stepped the amazing Trudi - & she truly is amazing! She cleared past traumas for him which have been giving him grief for nearly 20 years! I am sorry I didn't know he has been abused to have this healing done sooner & so grateful she found & cleared them now. The eye injury is healing well, she has cleared his seedy toe problem, rebalanced his entire system very thoroughly, & he is just radiating love, happiness & gratitude everywhere!! He is one very happy horse & I am now a HUGE fan of this lovely lady who is so beautifully caring, & professionally thorough at the same time. Thank you Trudi & bless you!! I would highly recommend Trudi to anyone!

Jo-Anne Lewington, Horse Owner, Australia

Trauma Clearing and Multiple Health Issues

Recently we were affected by the fires and Trudi reached out to me to do some healing sessions on my horses. I was a little hesitant but was open minded. I asked a bunch of questions and we hit it off. It felt like we had known each other for such a long time and shared a passion for healing horses. I read the work she does on horses and was really excited for her to do a session on my mare that has had a mix of severe and mild health issues. We have been working with a phenomenal holistic vet that has made leaps and bounds with her but we weren't quite over the hill.

I received back her reading, Chakra, emotion code and channeled message I was blown away on how detailed and thorough the reading was. I am very detailed and thorough in everything I do so I knew and felt Trudi was the real deal.

But I needed Lacey to confirm that for me. The first day I went to get her since her session she was nickering and at the gate ready to go. I haven't seen her do that for years. I was so stunned at the change. She had the sparkle back in her eye. She was dragging me to the arena to go work where usually she wanted to go back to her stall. It also brought her and I together at such a deeper level and greater level of love and appreciation for one another. Great news is Lacey is back to work and we are slowly building her back up to let her body catch up. She really needed that energetic shift and clearing to heal.

I am thankful for the beautiful gift that Trudi gave to my horses. I highly recommend her. She has a gift of healing horses and extremely passionate about them.

I am really looking forward to seeing where Lacey and my journey goes from here out whether we get back in the show ring or she starts her journey on being a therapy horse for horses and children.

Melissa Givner, Professional horse trainer and healer, California

Chronic Diarrhea

A chronic diarrhea released in two sessions!!!

I just want to thank Trudi for her help. It is amazing to see the progress in the healing of the tough, daily diarrhea the mare Binia had since foal. The owner checked everything with vets, digestion-screening, nutrition allergies tested, tried to help with a multitude of

supplements etc. nothing helped. She looked always good, not skinny, sick or tired, but her diarrhea was extreme, like a waterfall.

So I ask for help and Trudi find out a bacterial infection in the hindgut. Binia had also a few trapped emotions and a low vibration. in the first two days after the first session it was a bit better, but it began again with diarrhea. I wrote Trudi again about the status and she checked her again.

On the second session she found some imbalanced meridians, an energy Qi leakage of 16% and again a bacterial infection of 6 % in the hindgut. Also she released several stories as more causes.

The mare was two days really tired and processing the thousands of stories Trudi released. But day 3 she had the first day of her life some structure in form of some normal droppings!!! So we're sure, that it will heal completely!

We are all soooo happy!!! Thank you soooooooooooooo much Trudi!!!!

Tamara Schmid – Switzerland

CONTACT ME

For more info on my healing sessions, or to book a healing session for your horse, visit my website:

www.angelichealingbytrudz.com

or get in touch with me via email:

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MY SERVICES

- Healing horses from physical, mental, emotional and spiritual issues for example: anxiety, depression, lameness, metabolism, colic, hair loss, stubbornness, feeling spooked etc
- Helping individuals connect to their horse on a deeper level, and understand their horse better
- Showing horse owners what their horse is here to teach them in healing their own pain
- Teaching others about the energy system (chakras) of a horse, and how a balanced system can lead to a healthy, happy horse
- Helping to create / transform a business for horse owners who would like to use their horses as healers
- Space clearing for horse properties (clearing of negative energies of the land / stalls / environment so that the horses can feel relaxed and safe)
- Helping horses thrive in their environment, together with their trainer, rider or owner