

TOP FIVE ENERGY BLOCKS THAT ANIMALS COULD HAVE THAT KEEP THEM FROM BEING HEALTHY

Animals are very sensitive beings, and they pick up many energies from their surroundings daily. I explain how these energies can cause animals to become sick and how it can manifest in different ways.

Below are the top 5 energy blocks that animals could have that can keep them from being healthy

Absorbed energies

Pets are very prone to absorbing energies from us, especially dogs and cats, and its because they trying to help us feel better when we are sad or depressed. These energies then could become lodged in any organ or any part of the body, and could cause physical ailments later on.

For instance, if an emotion of anxiety was absorbed from the owner, it could be trapped in the animal's stomach, and could cause digestive issues.

Fear and Anxiety

Anxiety can occur due to traumatic events or situations. Common anxieties revolve around loud noises, travel or confinement. Separation anxiety usually involves anxious and destructive behaviour when the owner leaves them alone. This can deeply affect the animal's sense of safety and well-being.

Having anxiety can lead to all different types of physical behaviour, like becoming clingy or withdrawn, not eating well, stomach issues, losing weight, hair loss etc.

Post-traumatic stress disorder (PTSD) is a debilitating anxiety disorder that is created by an episode of physical harm or extreme fear, such as an attack, a natural disaster, or loss of an owner.

A fearful animal can display symptoms of pacing, cowering, whining, excessive barking and grooming, and incontinence.

Fears can be triggered by a specific person, an item in the house like a vacuum cleaner, or thunderstorms.

Depression

Depression in animals can manifest as physical illnesses, like hair loss, loss of appetite, being withdrawn, fatigue and sleeping a lot.

This could happen especially after a loss of a loved one, or when the animal feels like it is not loved or appreciated.

It could also be absorbed from the owner, as the pet picks up on these energies too.

Insecurity

Animals, especially dogs look up to their human owners for guidance. Without a strong leader, they may become unsure of the rules, and unsure of themselves. Learning how to lead your dog is very important as it can ensure that he received the right message about what is and what isn't appropriate behaviour.

Owners may unknowingly contribute to their animal's insecurity by rewarding unwanted behaviours in an attempt to soothe their fearful animals.

By attempting to correct some unwanted behaviours, the animals start to feel like they are not really allowed to be who they truly are, but rather what their owner wants them to be.

The insecurity manifests as being clingy, growling, different toilet habits, crouching in a corner or keeping to itself.

Negative attachments

As humans can have negative attachments or cords from other people, so can animals. These attachments can sometimes be placed subconsciously by the owner, even though he or she wants only the best for his or her pet.